4-H MEATS PROJECT
UNIT 1

NAME ___________________________ TELEPHONE NO. ___________________________

ADDRESS _______________________________________________________________

NAME OF 4-H CLUB ___________________________________________________________

NAME OF 4-H LEADER _________________________________________________________

FLORIDA COOPERATIVE EXTENSION SERVICE
INSTITUTE OF FOOD AND AGRICULTURAL SCIENCES
UNIVERSITY OF FLORIDA, GAINESVILLE

COUNTER: JOHN T. WOESTE, DEAN FOR EXTENSION

SARASOTA COUNTY
COOPERATIVE EXTENSION SERVICE
2900 RINGLING BLVD.
SARASOTA, FL 33577
955-6239 OR 955-2966
4-H Meats Project

Unit 1

Materials available to help you. (Ask your 4-H Coordinator how to obtain copies).

Cuts of Meat and How to Identify Them (Agricultural Research Bulletin #7)
Swift & Company, Chicago Ill. 60604

Meat Charts

A. Notebook Charts
National Livestock & Meat Board
444 North Michigan Ave., Chicago, Ill. 60611

B. Wall Charts (live animal and meat cuts combined)
Florida Beef Council
P.O. Box 1929 Kissimmee, Fl. 32741

Prepared by:

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Professor Extension Meat Specialist
4-H MEATS
RECORD SHEET

Unit 1 - Suggested Ages 9-11

NAME __________________________ AGE ___________ COUNTY __________
ADDRESS __________________________ NAME OF 4-H CLUB ______________________

1. Check the area of Meats Program you participated in:
   _____ a. Meat Selection, judging, grading and identification
   _____ b. "Know Your Beef" demonstration
   _____ c. Tours
   _____ d. Help shop for family

2. I have given demonstrations in this project: ______ Yes ______ No
   Name of Demonstration (show and tell) check whether given at
   ___________________________________________ Club County District

3. I have participated in training meetings on meats: ______ Yes ______ No
   Where: __________________________ Type of Training: __________________________
   __________________________________________
   __________________________________________
   __________________________________________

4. I have participated in meat selection, judging, grading and identification
   events: ______ Yes ______ No
   (Check) Local County District event
   Where: __________________________
   __________________________________________
   __________________________________________
   __________________________________________

5. Is there anything else you would like to tell us about your project?
   __________________________________________
   __________________________________________
   __________________________________________

COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECONOMICS
(Acts of May 8 and June 30, 1914)
Cooperative Extension Service, IFAS, University of Florida
and United States Department of Agriculture, Cooperating
K. R. Tefertiller, Director
5-1.5M-79
4-H MEATS PROJECT

Unit 1 - Suggested Ages 9 - 11

Purpose of Project:

The 4-H Meats Project helps 4-H'ers to gain knowledge and skill in the selection, judging, grading, identification and/or preparation of meats. A 4-H'er enrolled in this project might:

1. Learn to identify cuts of meat
2. Learn about the value of meat in the diet and best ways to select and prepare meat.
3. Show and tell other people what they have learned in this project. (Demonstration)

4-H'ers in This Project:

Individuals enrolled in this project may be involved in any phase of the meats program. Some suggested activities you may participate in are:

1. Tours - Individual or group (meat plant, meat market etc.)
2. Meats "Workshop Participation"
4. Give a demonstration (show and tell) on your meats project.
5. Help shop for family meats.
6. Help prepare meats for family meals.

Materials Available to Help You


3. Charts of Beef, Pork, Veal and Lamb, American Meat Institute, P.O. Box 3556, Washington D.C. 20007

This public document was promulgated at an annual cost of $102.43 or 2 per copy to inform and teach 4-H club members, 4-H leaders, and Extension agents meat identification, selection and preparation.