4-H Clothing: Horse & Riding Attire

Quickie Projects

Nadine Hackler

Florida Cooperative Extension Service
Institute of Food and Agricultural Sciences
University of Florida, Gainesville
John T. Woeste, Dean for Extension
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Grooming Mitt

Supplies Needed
- fabrics
- thread
- scissors
- pins
- measuring tape or ruler
- sewing machine or hand needles

Suggested Fabrics
- burlap [12 inches x 24 inches (30 cm x 60 cm) for single thickness]
- terry

Step 1
Preshrink fabric.

Step 2
To make pattern, trace your hand [length should extend 2 inches (5 cm) above wristbone] on paper.

Step 3
Add 3/4 inch (1.8 cm) seam.

Step 4
Mark guideline, as shown.

Step 5
**Step 6**

For single thickness grooming mitt:

a) On two pieces, turn under wrist edge 1/2 inch (1.2 cm). Baste.

\[ \text{Single Thickness} \]

\[ \frac{1}{2} \text{"} \text{Turn under & baste} \]

b) Turn under again 1/2 inch (1.2 cm). Stitch.

\[ \frac{1}{2} \text{"} \text{Turn under again & stitch} \]

c) Place right sides together. Stitch 1/4 inch (6 mm) seam. Double stitch at curve.

\[ \text{Stitch 1/4" seam} \]

\[ \text{stitch at double at curve} \]

d) Clip in at curve.

\[ \text{Clip} \]

\[ \text{Finish Edge by binding} \]

\[ \text{Bias tape} \]

\[ \text{Turn right side out} \]

\[ \text{Turn right side out & push out fabric w/ hand} \]

\[ \text{Step 7} \]

For double thickness grooming mitt:


\[ \text{Double Thickness} \]

\[ \frac{1}{4} \text{" seam} \]

\[ \text{Stitch together all 4 pieces} \]

b) Turn right side out.

\[ \text{Turn right side out} \]

c) Bind wrist with bias tape.

\[ \text{Finish Edge by binding} \]
Completed mitts.                Mitts in use.

Grooming Apron

Supplies Needed
- fabric
- thread
- scissors
- cording
- pins
- measuring tape or ruler
- sewing machine

Suggested Fabrics
- burlap
- denim

Step 1
Measure:
a) shoulder to waist and waist to knee plus 3 inches (7.6 cm) to determine apron length. This is also the amount of fabric to purchase.
b) across chest minus 2 inches (5 cm).
Step 11
Pull cording through curved area.

Step 12
Put apron on to adjust length.

Quilted Leg Wraps

Supplies Needed
- Full bed quilted mattress pad (new or used)
- thread
- scissors
- pins
- measuring tape or ruler
- sewing machine
- bias tape (optional)
A full size quilted mattress pad will make four leg pads (wraps).

Step 2
Remove elastic at corners.

Step 3
Measure so each is about 15 inches (38 cm) by 52 inches (90 cm). Mark.

Full Size Mattress Pad
Step 8

Step 9
On curved area of apron:
  a) Stitch 1/4 inch (6 mm) from edges.

  b) Press, folding to wrong side on row of stitching. Stitch again.

Step 10
To finish hem:
  a) Fold under 1/4 inch (6 mm). Press.

  b) Fold again 2 inches (5 cm). Press.

  c) Stitch.
Step 11
Pull cording through curved area.

Step 12
Put apron on to adjust length.

Quilted Leg Wraps

Supplies Needed
- Full bed quilted mattress pad (new or used)
- thread
- scissors
- pins
- measuring tape or ruler
- sewing machine
- bias tape (optional)
A full size quilted mattress pad will make four leg pads (wraps).

Step 1
Preshrink, if a new pad.

Step 2
Remove elastic at corners.

Step 3
Measure so each is about 15 inches (38 cm) by 52 inches (90 cm). Mark.
Step 4
Cut.

Step 5
Finish edges by:
  a) zigzagging.
  b) binding with bias tape.

1) To apply binding open out and stitch in fold.

OR

2) Turn to other side and finish by hand

3) or by machine.

Step 6
Place on horse’s leg and hold in place with leg wrap (track bandage).
Leg or Tail Wrap

Supplies Needed

- fabric (1 yard (90 cm) of 60 inch (1.5 m) fabric)
- thread
- scissors
- pins
- measuring tape or ruler
- self-gripping fastener
- sewing machine

Suggested fabrics

- stable double knit (stretches very little)
- denim
- poplin

The leg wrap, frequently called track bandage, is used to hold the leg pad in place.

Step 2

Place 2 pieces together for each leg wrap to make a strip 4 inches (10 cm) by 120 inches (3 m).

Stitch either:

a) a regular seam,

b) a French seam, or

c) a flat-felled seam.

NOTE: The one left over is for the tail wrap.

Step 3

If desired, finish edge by:

a) turning under once,
b) turning under twice, or

Step 4
On one end, fold in half lengthwise and stitch at an angle to form a point.

Step 5
Trim and press seam. Turn.

Step 6
Attach self-gripping fastener, as shown.

Step 7
Wrap over leg pad.

Step 8
Secure with self-gripping fastener. One piece extends from point, the other is about 3 inches (7.5 cm) from point.

Step 9
Wrap tail.
Western Pad

Supplies Needed

- fabric — 1 yard (90 cm) of 60 inch (1.5 m).
- thread
- 1/2 inch (1.2 cm) foam 30 inches x 30 inches (76 cm x 76 cm).
- scissors
- pins
- measuring tape or ruler
- sewing machine
- hand needles

Suggested fabrics

- fake fur
- shearling

Step 1

Measure saddle for exact amount of fabric. The pad should be several inches longer and wider than your saddle.

Step 2

Preshrink fabric.

Step 3

Fold fabric in half with right sides together.

Step 4

Stitch around fabric, leaving about a 15-inch (37.5 cm) opening.

Step 5

Trim seams and corners, if needed. Turn to right side.

Step 6

Insert foam through opening. Position to all corners.
Step 7
Fold under seam allowance at opening. Pin. Stitch.

NOTE: When laundering pad, pin or sew through all thicknesses so foam will not shift.

Your Western pad is now ready for use.

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English Pad

Supplies Needed
- fake fur, 1 yard (90 cm). There will be a center seam on one side or 2 yards (1.8 m).
- 1/4 inch (6 mm) foam 30 inches x 36 inches (76 cm x 90 cm).
- 1-2 yards (90 cm x 1.8 cm) of 1 inch (2.5 cm) braid.
- thread
- scissors
- pins
- measuring tape or ruler
- sewing machine
- hand needles

Step 1
Trace around Eastern saddle to make pattern. Add 1 1/8 inches to 2 inches (4 cm to 5 cm).
Step 2

Step 3
Lay pattern on foam. Weight down. Cut.

Step 4
Cut two 15-inch (37.5 cm) strips of braid.

Step 5
Fold under braid 2½ inches (6.4 cm) on one end. Stitch securely.

Step 6
Place braid strips on one thickness of pad, 2 inches (5 cm) down and about 13 inches (32.5 cm) apart.
Note: Exact placement will need to be checked on horse, as these strips attach to the billet straps.
Cover center seam with remaining braid.

Step 7
Stitch braid strips to pad as shown for greater durability.
Step 8
Fold back braid straps. Pin. Place pads right side together.

Step 9
Stitch, leaving a 15-inch (37.5 cm) opening.

Step 10
Trim and clip seam, if needed. Turn to right side. Remove pins from braid strips.

Step 11
Insert foam. Position carefully.

Step 12
Fold under seam allowance in opening. Pin. Stitch.

Your English pad is now ready to use.

NOTE: When laundering pad, pin or sew through all thicknesses so foam cannot slip.
Cooling Sheet

Supplies Needed
- fabric about 2¾ yards (2.2 meters) of cotton single knit.
- thread
- scissors
- measuring tape or ruler
- pins
- sewing machine
- one package of 1-inch wide (2.5 cm) twill tape.

Step 1
To determine length of cooling sheet, measure from back of ears to tail. Purchase fabric according to half of this measurement plus 2 to 3 inches (5-7.5 cm).

Step 2
Preshrink fabric and twill tape.

Step 3
Measure the length of the fabric. At half the length, mark with a pin. Cut across following the grainline. You now have two pieces.

Step 4
Put right sides together. Pin along one of the finished edges. Stitch seam either by:
- a) flat-felling,
- b) double stitching, or
c) making a French seam.

**Step 5**

Put on horse with center seam along back. If fabric reaches below knees, trim to knees. On single cotton knit, hem all four edges by turning once and stitching.

**Step 6**

Place cooling sheet on horse to measure placement of twill tape for the ears and tail. Also, mark placement for front fastener. Your cooling sheet is now ready for your horse.

**Step 7**

The front tape will be about 6 inches (15 cm) apart and 26 inches (80 cm) long. The tail tape will be about 8 inches (20 cm) apart and 18 inches (45 cm) long. The front fastener may be ties of twill tape or self-gripping fastener. Turn under raw edge of tape. Stitch all tapes securely, as shown.
**Horse Blanket**

**Supplies Needed**
- fabric — burlap or denim about 4½ to 5 yards (4 m to 4.5 m)
- webbing — from drapery or upholstery department. About 5 to 6 yards (4.5 m to 5 m)
- D ring — 2
- thread
- bias tape — 6 to 9 yards (5 m to 7 m)
- scissors
- pins
- measuring tape or ruler
- sewing machine
- iron and ironing board
- self-gripping fastener — 6 inches (15 cm)

**Step 1**
To determine the size of the horse blanket, measure the length (front of withers to tail) and the girth of the horse.

**Step 2**
Preshrink fabric and webbing.

**Step 3**
Make paper pattern for blanket. Eye the horse and decide on amount of back seam curve and neck opening OR use an old sheet and pin for shape. Place pattern on double thickness of fabric, matching grainlines. Cut out.

**Step 4**
Machine baste seam. Check fit on horse. Make any adjustments. Now stitch center back seam by making a double stitched seam and overcasting.

**Step 5**
OR make a flat-felled seam.
**Step 6**

Bind the outer edge of the horse blanket with bias tape.

**Step 7**

Cut the length of webbing in half. Attach D ring to one end. Finish other end by turning and stitching.

**Step 8**

Put blanket on horse. Place front strap behind withers. Place back strap about 12 inches (30 cm) back from front strap. Remove from horse. Stitch straps securely 10 to 14 inches (25 to 35 cm) down from center seam on each side.

NOTE: Short side of tape is on left side of horse.

**Step 9**

Attach self-gripping fastener at chest opening.

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Prepared by: Nadine Hackler, Associate Professor and Extension Clothing Specialist, Institute of Food and Agricultural Sciences, University of Florida, Gainesville 32611.
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