UF/IFAS Extension
The Journey to Sustainability Begins with Education

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Edible Schoolyard Program
*Concepts and Example*

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Edible Schoolyard Program

✓ Garden and kitchen based curriculum that satisfies academic standards and skills

✓ Goal = children learning about growing and cooking their own fruits and vegetables for better nutrition choices

✓ Model initiated by chef Alice Waters through the Chez Panisse Foundation
Who is Promoting School Garden Programs?

☑ Edible Schoolyard Foundation
(http://www.edibleschoolyard.org/)
☑ Florida Department of Education
(http://www.fldoe.org/bii/cshp/schoolgar.asp)
☑ National Farm to School Program
(http://www.farmtoschool.org/)
☑ National Gardening Association
(http://www.kidsgardening.org/)
☑ Slow Food USA
(http://www.slowfoodusa.org/index.php/programs/details/in_schools/)
Edible Schoolyard Program of Sarasota County Extension

✓ Goals
  ✓ support project for the Farm to School Program in Sarasota County
  ✓ increase awareness of local agriculture
  ✓ empower with skills for growing & preparing foods
  ✓ support academic standards and Wellness Policies of School District
  ✓ support Health Department community health initiatives
Edible Schoolyard Program Example Project at Booker Middle School (BMS) of Sarasota County
Garden Before Preparation & Growing Lessons
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Garden Master Plan (2010)
Local Farmer Instructors
Local Farmer Instructors
Master Gardener Instructors
Earthbox Growing Training
w/ Ervin Shannon (Manatee Co. Ext.)
Edible Schoolyard Training
w/ BMS Teachers & Staff
Nutrition Lessons
w/ FCS Extension & FNP Staff
Cooking Lessons w/ Local Chefs
Wildlife Gardening Lessons

Butterfly Gardening
Edible Schoolyard
Additional Project Examples

• Booker High School
  – Aquaponics

• Bay Haven Elementary
  – Earthbox gardens
  – Vermicomposting of school lunch wastes
Summary

• **Edible schoolyards are fun & happening!**

• **Edible schoolyards provide:**
  – Growing and cooking training and skills
  – Team building skills
  – Local agriculture awareness
  – Solutions for community health issues, e.g., childhood obesity
  – Support for local Farm to School programs
Online Resources

- Food Corps (http://food-corps.org/)
- Health Corps (http://www.healthcorps.org/)
- Jr Master Gardener Program (http://jmgkids.us/)
- Life Lab Program (http://www.lifelab.org/)
For Further Information And Assistance in the Setup of an Edible Schoolyard Garden Contact:

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