



4-H CLUBS:

- 4-Her's
4 Paws
Aquatic All-stars
Blazers
Canine Connections
Clogging Clovers
Eagles
East County Steer & Swine
Eastside Rabbiters
Florida Crackers
Foxmill Kids & Colts
Fruitville Exceptional Equine
Green Thumbs
The Green Team
Half Pint Pullers
Home Grown Explorers
Horse N Around
Indian Creek 4-H Club
Jr. Cattlemen
Kelly Community Clovers
Little Rascals
Livestock Club
Miakka Allstock
Mini Hooves of Sarasota
Muddy Boots
Myakka Ranchers
North Port Explorers
Open Gaits
Positive Teens
Reef Rovers
Ridin' Rednecks
Sarasota County Ranchers
Sarasota Sharp Shooters
Sarasota Swine
Southern Spurs
The Club
The Group
Venice Bits & Spurs
YMCA Youth



The Clover Times



From The Agents Desk; by Keith Wilson

For those 4-H youth looking for things to do this summer there will be numerous environmental science activities, fishing tournaments, and marine biology field trips that 4-H staff will be offering through a partnership with local libraries and community parks from Englewood to Sarasota. Call your 4-H office (861-9812) for further details.

4-H staff recently taught classes on shark biology and squid dissection to Brentwood and Toledo Blade Elementary Schools. Materials for these classes were generously purchased by our Sarasota County 4-H Foundation. The 4-H School Enrichment projects were very popular among elementary and middle schools this year with thousands of students in Sarasota County participating in radish growing projects, Tropicana Public Speaking contests, and the numerous other "hands-on" educational opportunities. We hope to see more new schools become involved in this exciting program next year, so help us spread the word!

We are very proud of all of the 4-H members who participated in both the County Demonstration Day Events in February and the District Events in May. We can't emphasize enough the value of youths developing good communication skills through participation in these events and through club level speaking presentations. These skills will benefit youth for the rest of their lives in social, work and family situations.

Buckle up! We care about you.

Keith Wilson, 4H Agent

I.C.E = In Case of Emergency

We all carry our mobile phones with hundreds of names and numbers stored in memory. However, other than ourselves, in the event of an emergency who would we want contacted? Recently, the concept of "ICE" was started. It is a simple and important method of contacting the right person during emergency situations.

As cell phones are carried by the majority of the population, just store the number of your contact person or persons who should be called during an emergency as ICE (meaning In Case of Emergency).

The idea was thought up by a paramedic who found that when they arrived at the scene of an accident there were always mobile phones, but they didn't know which number to call. In an emergency situation Emergency Service personnel would be able to quickly contact your next of kin, by simply dialing the number stored as "ICE". For more than one contact name simply enter ICE1, ICE2 and ICE3 etc. A great idea that will make a difference!

I pledge,
My Head
to clearer thinking,
My Heart
to greater loyalty,
My Hands
to larger service,
And My Health
to better living,
For my club, my community,
My country and my world.



## 4H Doesn't Slow Down!

### 4-H Leaders and Exhibitors

#### 2008 Fair Steer and Swine Rule Changes

The Sarasota County Agricultural Fair Association will hold a meeting on Tuesday, June 26, 2007, at 7:00 P.M. in the Ken Clark Building at the fairgrounds to explain changes in the rules regarding Steer and Swine Exhibition and Sales. We encourage all interested individuals to attend to learn the details.

Recent changes in state rules allow individual fairs to determine the sale and disposal of steers. Procedural changes in swine are proposed to provide additional options for the swine as well. These changes will give buyers more options for processing their purchases.

#### **SUMMER ACTIVITIES with Keith Wilson**

June 18	Water Conservation Selby Library	2:00-3:00pm
June 19	Fishing Tournament Venice Fish Pier	9:00-12noon
June 25	Marine Biology Elsie Quirk Library	1:30-3:00pm
June 27	Fishing for Fun Venice Fish Pier	9:00-12noon
July 16	Marine Science and Microscopes Selby Library	2:00-3:00pm
July 19	Freshwater Habitats North Port Library	1:30-3:00pm
July 25	Freshwater Fishing Tournament Meadowlands Church	9:00-12noon
July 26	Reptiles (turtles) North Port Library	1:30-3:00pm

Rods and reels are available for those who wish to borrow them at the fishing tournaments. Prizes will be awarded for the first, most and largest fish. Contact Mr. Wilson at 861-9818 for details and information!

#### **Challenge yourself this summer...**

##### **At the Kids Summer Beach Runs!**

Beginning on May 29 and running through Aug. 5 at Siesta Beach Pavilion, 948 Beach Road, Siesta Key and Venice Pier, 1600 Harbor Drive, Venice. The Siesta Beach Runs are every Tuesday and the Venice Beach Runs are every Wednesday. Registration begins at 5:30 p.m. at both locations, and runs start at 6:30 p.m. (There is no run on July 4.)

The one-mile runs are free, and kids who complete four runs will receive a T-shirt. Runs may be completed all at one location or both beaches. All runners win a ribbon and a free ice-pop each time they run. For more information, visit [parksonline.scgov.net](http://parksonline.scgov.net)

#### **Are you interested in the 4-H Dog Project?**

Don't miss this: Mark your calendars for the Florida Junior Jamboree. The Jamboree will kick off on July 21, 9:00AM in the main building at the Central Florida Fairgrounds, Orlando. It will be a fun filled day of teaching you everything you need to know about Showmanship: what judges look for, presentation of dogs in the show ring, grooming, rules, a winning attitude, and much, much more!!!!

The Jamboree is FREE of charge to all youth ages 8-18 and their dogs. A FREE lunch will be provided to all participants.

The Central Florida Fairgrounds is located at 4603 W Colonial Drive. Deadline to register July 13<sup>th</sup>. Contact the 4-H Office for details and registration 861-9810.

#### **In Our Backyard!**

##### **The 2007 Southeast Dairy Youth Retreat**

Florida will be hosting the 2007 Southeast Dairy Youth Retreat this year. It will be at the FFA leadership Training Center in Haines City, FL July 16-20<sup>th</sup>. The retreat is open to youth 9-19 years of age and any adults who wish to attend.

Workshops will include:

"Hands On"—Reproductive and Digestive System

"Fun With Dairy" - Milk Products and Protein

"I Can Market Dairy" - Milking Marketing Creation

"What's Your Color" - Team Personality Interactions

Learn: Fitting and Grooming, Judging, Quiz Bowl, Skilathon, and Dairy Records.

A farm tour is planned, and a trip to Disney's Blizzard Beach and much, much more! The cost this year is \$200.00. Forms and payments are due by June 11<sup>th</sup> @ UF/IFAS Dairy Extension. Call today for information and registration! 861-9810



## Learn by Doing, by Chris Schook

Would you be interested in raising the 4-H Foundation Steer or Swine for the 2008 Sarasota County Fair? This is a great way to learn about these projects and you can raise them at your home or a facility will be provided. You will also receive a portion of the profits.

Please contact the 4-H office if you are interested in one of these project opportunities and to receive an application form and more information. The dead-line for the Foundation Steer Application is Friday June 8th, 2007. The application for the Foundation Swine is due by Tuesday September 4th, 2007.



## Welcome, 2007-2008 4H Foundation Officers!

The new 4-H Foundation Officers for the upcoming 2007 - 2008 year are:

President - Aaron Brown

Vice President - Elva Farrell

Treasurer - Christina Schook

Secretary - June Haley

Parliamentarian - Glenda Padgett

Congratulations to all and we look forward to a great 4-H year! Also, we would like to thank all the foundation members for their service and dedication to the 4H Program, THANK - YOU!!!!

## Looking Ahead...

### The Cowboy Hoe-Down Is Coming

Mark your calendars for a night of fun. The Sarasota County 4H Foundation will be sponsoring the Cowboy Hoe-Down and Silent Auction again this year. The date is set for September 15th at Robarts Arena.

If you have any items you would like to donate to the silent auction please call Elva Farrell at 355-1856. Also, if any clubs would like to create a "theme basket" and donate it for the silent auction from your club that would be great! Look for more information on the Hoe-Down in upcoming 4H Newsletters.

## LOOK What We Did! Glenda Padgett

The Sarasota County 4-H Foundation Swine Fundraiser this year was a huge success. Twenty-two 4-H clubs participated by selling tickets. There were 3,816 tickets sold and \$74.00 donated, bringing the total income from this fundraiser to \$7,706.00!!! As you know the 4-H Foundation raises money to fund the activities of the 4-H program in Sarasota County.

The winning ticket was sold by the Dietz family who are members of the Sharp Shooters 4-H Club. The winner of the pig was Becky McDonald. Thank you to all of the members, parents, and leaders who sold or purchased tickets. The club selling the most tickets this year was the Ridin' Rednecks who sold a total of 580 tickets. Second place went to the Junior Cattlemen for selling 468 tickets and third place went to Shooting Sports for selling 281 tickets. Indian Creek, The Blazers, Mini Hooves, Canine Connections and Independent members all sold more than 100 tickets each! Selling between 50 and 100 tickets were Myakka Allstock, Crusaders FFA, Clogging Clovers, Horsin Around, Southern Spurs, East Side Rabiteers, Venice Bits and Spurs, The Livestock Club, and East County Steer and Swine. Selling between 7 and 50 tickets were Kelly Community Clovers, The Group, Florida Crackers, Reef Rovers, Green Team, and Wood Crafters.

The 4-H Foundation would like to thank Two and One Ranch, (Johnny and Lee Ann Albritton) for purchasing and donating the swine used as a prize for this fundraiser. Look for news this fall about the 2007-2008 4-H Foundation Swine Fundraiser. Thanks again for making this fundraiser a huge success!

## A Fabulous Night Out!

The 4H Foundation held their annual awards dinner on May 22 at Marina Jacks. The following nine 4H graduating seniors received scholarships: Sofia Annis, David Clemons, Amanda Dahlberg, Patricia Durso, Jessica Exline, Arielle Macuch, Annabelle Plush, Jesse Sage, and Mellissa Schook. We are all very proud of your accomplishments and your contributions to the 4-H Program. We wish you all the brightest of futures!

# Animal Connection

## JOB OPPORTUNITY IN LIVESTOCK CARE

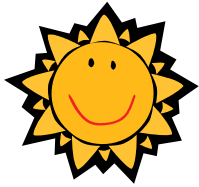
There is an excellent opportunity for a 4-H youth who is experienced with the care of large livestock animals to earn approximately \$1000 through the care of a club steer in Sarasota County. The 4-H Livestock Club seeks a responsible individual to care for a steer which will be used in a fundraising event in honor of Evalena Vann. For those of you having an interest in this job, please contact Charlie Vann at 922-5312 or Keith Wilson at 861-9818.



Free miniature pot belly pig available to a caring family.  
Call 879-1313 and ask for Jennifer.



## Summer is here!



While you are outside having a great time this summer, you also need to be "sun-smart." Have fun in the sun - and be safe at the same time. The sun radiates light to the earth, and part of that light consists of invisible ultra violet (UV) rays. There are three kinds of UV rays; UVA, UVB, and UVC. What's important is to protect yourself from exposure to UVA and UVB rays. These are the rays that cause damage to your skin.

**Sunscreen, Sun-block, SPF???** Sunscreen is the degree of protection from UV rays. The SPF is the "sun protection factor." The SPF number estimates you how long you can stay in the sun without burning if you apply sunscreen, which acts as a "block" to the sun's rays (hence the term sun-block). Choose a sunscreen that has a SPF of 15 or higher and protects against both UVA and UVB rays. Apply sunscreen 30 minutes before you go out and reapply sunscreen every 2 hours. Sunscreen is not just for the beach, anytime you are outdoors, and even on cloudy, cool or overcast days you are exposed to harmful UV rays.

**Don't forget your eyes...** The best way to protect your eyes from the sun is to wear sunglasses. Sun exposure damages the eyes as well as the skin. Even one day in powerful sunlight can result in a burnt cornea (the outermost, clear membrane layer of the eye). Exposure over time can lead to cataracts (clouding of the eye lens) later in life. Purchase sunglasses with labels ensuring that they will provide 100% UV protection.

**Drink Up this Summer!** Drinking lots of water is an important part of staying healthy, especially when it is hot outside. When you sweat you lose water that your body needs. Don't wait until your thirsty - drink water, plenty of it!

## Make Smart Choices

The best way to give your body the balanced nutrition it needs is by eating a variety of foods everyday. A healthy eating plan emphasizes fruits, vegetables, whole grains, fat-free or low-fat milk and dairy products. Include lean meat, poultry, fish, beans, eggs, and nuts. Remember to use low saturated fats, don't add salt, and stay away from added sugars.

## Add a Little Cruciferous Crunch to Your Day

Cruciferous (kroo-sih-fir-us) comes from the Latin word for "cross". Members of this cabbage family have flowers with four petals in the shape of a cross.

Why are these vegetable good for us? Cruciferous vegetables have lots of vitamin C and A, folate, calcium, iron, and fiber.

Meet some members of the Cruciferous Family: Arugula, Broccoli, Brussels Spouts, Cabbage, Cauliflower, Collard Greens, Radishes, Turnips and Turnip Greens. Minimal cooking is the key in preparing these vegetables. Less cooking is best.



## How to get that second wind...

### Breathe Deeply

To get the full benefit of deep breathing, sit up straight with your shoulders back and your chest out. Slowly inhale until your belly rises and feels full. Slowly exhale until your belly is flat before taking another breath. Pay particular attention to your posture. Crouching forward limits the amount of work the lungs can do. So breathe! You will reduce anxiety and stress and promote calmness and mental focus as well as renewed energy.

## Earth's Easiest Exercise...

Walking can add years to your life and life to your years. And it couldn't be easier! Walking conditions your heart and lungs and raises your body's ability to use oxygen more efficiently. Best of all, walking has the lowest dropout rate of any other exercise. So you are more likely to stick with it.

**Wear Comfortable Walking Shoes,** before you set out be sure to select comfortable walking shoes. Also dress in loose-fitting, comfortable clothing and in layers (if needed) to adjust to the temperature. Wear bright colors or reflective tape after dark so motorists can see you.

**Warm-up!** Spend about five minutes walking slowly to warm up your muscles. Warming up your muscles reduces the risk of injury.

**Stretch** your muscles for about five minutes before walking. Include calf, quadriceps, hamstring, lower back and chest stretches.

**How fast should you go?** Just use the "talk test", move at a steady pace that makes your heart beat faster and causes you to breathe more deeply - but doesn't leave you too breathless to carry on a conversation.

## Treat Yourself this Summer!

Try a cool refreshing Smoothie: blend low-fat milk, your choice of frozen fruit, and a little low-fat yogurt.

Fruit Kabobs: cut up pineapple, banana and add some strawberries, drizzle with low-fat yogurt for a fun and healthy summer treat.

Ice Cold Shake: add your favorite flavor of low-fat ice cream and skim milk—and shake it up!



## Fire Safety

**With no rain in sight**, here are some tips from Sarasota County to reduce the threat of wildfires:

Remove highly flammable vegetation from around your home, remove "ladder fuels" - the vegetation that links grass and tree tops such as vines or ivy as they can carry fire from the vegetation to a structure. Keep trees and shrubs pruned. (Prune all trees up to six to 10 feet from the ground.) Dispose yard waste promptly, according to local regulations, and keep a well-maintained irrigation system. Also, landscape with less flammable plants such as dogwood, redbud or sycamore. Contact Sarasota County Extension Service for some helpful suggestions!



## Take Action NOW!

Hurricane Season is June through November, so be prepared! Develop a plan for you, your family, and your animals NOW.

"Hurricane Action Guidelines for Country Property", "Safety Tips for Hurricanes" and "Keys to Hurricane Safety" are just a few pamphlets available to you through our Sarasota County Cooperative Extension Service.

Organize a family disaster kit and a disaster kit for your animals. Visit the web site at:

[Sarasota.extension.ufl.edu](http://Sarasota.extension.ufl.edu)

## News From Out There...



### News From Your County Council; by Lewis C. Plush

Greetings from Sarasota County! This month's meeting went smoothly and we had our elections after club reports were given and a short discussion on the process of elections. Our president is Jared Padgett; vice-president is Kaila Hess; secretary is Molly Miller; Rebecca Griffin is treasurer; Lewis Plush is reporter; Sean Russell is the district delegate; our historian is Morgan Najm; sergeant at arms is Laura Knipper; chaplain is Kayla Knipper; and our parliamentarian is Megan Knipper. Our new president is planning a meeting on May 24 to develop a new constitution, set goals for County Council and to plan community service projects. He is open to any suggestions from 4-H members who are not in county council. He can be contacted at 925-3175 or [jpcountryboy@verizon.net](mailto:jpcountryboy@verizon.net).

We will not be having any meetings in June or July but will resume our meetings in August.

### Ridin' Rednecks Club News

Our last meeting for the year was held on May 3, 2007. We were able to discuss our Club Banquet which was held on Sunday, May 20, 2007 at the Farm Bureau Pavilion. It is the first time we have ever had a picnic style Awards Banquet, however, we had a great event.

Our new officers were elected at the May meeting: Jared Padgett was elected President, Jarrod Chapman, Vice President; Secretary, Kaylee Behn; Treasurer, Christina Fruehwald; Council Representative Jarrod Chapman and Alternate, Sydney Linthicum. The reporter for next year will be Erin Gilliland; the Chaplain will be Nicole Harkness; Safety Officer, Lane Taylor, and Historian will be Arianne Kopacz. We are excited over the new group and I am sure we will enjoy their leadership. The 2006-07 Leaders, Sydney, Jarrod, Kaylee, Jared, Nicole, Lane, Stephanie, and Jaimie have done a great job this year and really worked well together for the Club.

We have had several speakers, great demonstrations, a wonderful fundraiser, good community service and have eighteen members going to Camp Cloverleaf. Several members had projects entered in the State Fair, County Fair and Hobby Show. Jared Padgett, Jarrod Chapman and Erin Gilliland all did a fine job at District Events in Largo, May 5. Mr. and Mrs. Strickland were on hand to assist in judging events, too.

At our Awards Banquet on Sunday, May 20th awards and gifts were distributed: The Christina Marie Skillin Award was awarded to Jared Padgett; Achievement Award- went to Jarrod Chapman; Citizenship Award- went to Erin Gilliland; Leadership Award to Sydney Linthicum. Annette Chapman was selected to be our club Leader of the Year. She has stepped forward and assisted Mrs. Strickland a great deal this year. Clay Linthicum was awarded "Rookie of the Year".

We recognized Paul Taylor for some extra support of our club with a nice plaque. Dr. Bill received a nice photo plaque which will have a nice photo of him. We, of course want to recognize the Swine Buyer- Mr. Greg Harkness and Steer Buyer- Publix. We so appreciate the Harkness family who help us out a great deal with crafts, the parade float and hayrides. We are lucky to have such a wonderful 4-H family in Ridin' Rednecks. Members, Parents, Leaders, and Special Guests make this club so successful. The door prizes, vegetable trays and desserts were wonderful and add enjoyment to our program. The leaders of the club received umbrella's with our club name imprinted. We will plan for our "round-up" of members and new members in late August. The newsletter for August will give information and members will receive letters. We will have some openings this year and know it will fill up fast. It is nice for summer to come and give us time to plan for next year.



### Horse 'N Around By Maxim Lowe

These past two months have been really busy! Our club did very well in the fair. Our members entered projects in the Plant Show, Dairy Cattle, Mini-Building, and Potter Building. We got many blue ribbons, Best of Shows, and Superior Exhibitor Awards. Yay! Some of our club members took first place in Consumer Choices and Horticulture Judging contests. Thank you to our club leader, Nimie, who introduced these interesting contests to us! Some of us are also going to District Events, on May 5<sup>th</sup>.

Danielle G. and I went to "District 9 4-H Congress". It was organized and run by seniors from the District Council; it was very fun and we learned a lot. Each person chose four activities. For example, I did "Science Experiments" and "Arts and Crafts" (candle holder from a jar). In "Make It Take It Foods," I put ingredients together in a jar and in a bag to make brownies and chili later. I've already baked the brownies and they were delicious. I also put together pieces of PVC pipes to make a marshmallow gun -and we practiced outside. What fun! At the end we had a mock legislative session where we learned about discussing and voting for bills.

Tuesday, April 24, 2007 was our last meeting of the 4-h year. After discussing the fair, we made "Bloop Gloop" (from the "science Experiments" at Congress). It used glue, water, and some Borax. We mixed the measured ingredients and eventually they came out as a stretchy, goopy substance that you can blow bubbles with. ...Although mine didn't exactly turn out stretchy enough. Then, as usual, Elizabeth had some snacks for everyone. This time we had a crescent with a marshmallow in it and cinnamon. Yum!

Don't forget to turn your record books in June!

I hope everyone has a good summer! You can go to Camp Cloverleaf, and fishing tournaments, and more.

### Reef Rovers- By Madison Chapman

In April, the Reef Rovers went on their second annual boating trip in Sarasota Bay. With 4H representative/marine biologist Keith Wilson on board, our club found a great variety of sea life in the seine nets we pulled through the sea grasses, such as blue crabs, crown conchs, sea horses and fish. While boating, we were able to observe a rookery that holds all sorts of birds, from snowy egrets and pelicans to great blue herons and cormorants. A big thanks to Mr. Wilson for being a wonderful guide and teacher on our fantastic field trip.

We also finished putting up our bat houses in April at locations such as the Humane Society of Sarasota County, the Girl Scout Headquarters, Curry Creek preserve and the soon-to-be home of the Sarasota Community Garden. We had a wonderful time and all of our recipients were excited to be receiving their new bat house...especially the Humane Society. Why? Dogs can contract a disease known as heartworm from mosquitoes, which are bats favorite food. So if the bats colonize the house at the Humane Society, they are going to be keeping the bug population under control, which benefits the dogs. Who knew that bats and dogs could have such a great symbiotic relationship!

The Reef Rover's first educational bat presentations were recently performed at Gene Witt Elementary. We had a wonderful response from the kids and we are planning more for May and at summer camps, as well as for the beginning of the new school year in the fall.

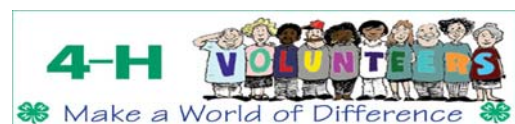
Next up for the Reef Rovers are a stingray dissection facilitated by Keith Wilson, and an exotic removal/beach party at South Lido Beach!

### 4-Paws 4H Club

I am writing because sometimes in life you find a dedicated and sincere person. Someone who expects no rewards or kudos and they just keep giving with a caring heart. They have no personal interest or gain of any sort, just an inner kindness not often seen. I have been involved in 4-H for many years and I want to tell you about our leader who will always stand out in my mind because of the person she is which is very rarely seen in our world. All members salute Shirley Fernandez from 4 Paws for not only being the greatest leader but the greatest role model! We love and respect you! *Sincerely, 4 Paws 4H Members*

### \*HELP WANTED\*

Would you like to do some community service this summer in the 4-H Office? We need help copying, collating and getting materials ready for the 07-08 4-H year. You can earn community service hours towards your graduation requirements. Call Barbara at 861-9812 for information.



## Don't Miss These Deadlines!



### Attention Club Leaders

Now is the time to get with your club officers to make sure their officer record books are complete and up-to-date. Books are due on **June 29th**. Treasurer books are mandatory—if your club has any income or disbursements, and Secretary books are mandatory.

**MOST IMPORTANT:** Club Treasurers your clubs end-of-the-year bookkeeping is due. Your club is required to turn in an "Annual 4-H Club Financial Report" and "Auditor's Report" (both forms are found in your treasurers record book pages 33 & 34) along with your treasurers record book and all supporting documents.

**Leaders**, please review your copy of the "4-H Club Policy & Procedures for Sarasota County" found in the front of your Leader Handbook. If you have any question or need help with end-of-the-year policies; please contact the 4-H Office at 861-9818.

### Record Book Deadline—June 29th

Just a reminder—

All officer, project and record books are due in the 4-H Office by 5:00 PM on **June 29th**, 2007. If you have turned in a record book during the County Fair, and would like to improve your score, you can make corrections, add photo's, add to your story, correct any math errors and resubmit it by **June 29th**. However, it is not necessary to resubmit your book again if you did not make any improvements.

You must turn in a record book to receive a 2006-2007 4-H year pin.

## Make Your Plans NOW!



### June 2007

- 4-8 Camp Cloverleaf!
- 11 Poultry Judging, Gainesville
- 13 Horse Advisory
- 14 Flag Day
- 16 State Rabbit Show, Bushnell
- 17 **Happy Father's Day!**
- 25-29 State Legislature, Tallahassee
- 26 Fair Meeting
- 26-28 Hog & Ham, Gainesville
- 27 Fishing Tournament, Venice
- 29 **Record Books DUE!!!!**

### July 2007

- 4 Happy 4th of JULY!
- 11 Horse Advisory
- 12-14 4H State Horse Show
- 16-20 2007 Southeast Dairy Retreat
- 21 Florida Dog Jamboree
- 23-27 4H State Congress
- 25 Fishing Tournament, Sarasota



**Brain Stuff** . . . I cdnuolt blveiee taht I cluod aulacly uesdnatnrd waht I was rdanieg. The phaonmneal pweor of the hmuan mind! Aoccdrnig to rschearch at Cmabrigde Uinervtisy, it deosn't mtttaer in waht oredr the ltteers in a wrod are, the olny iprmoatnt tihng is taht the frist and lsat ltteer be in the rghit pclae. The rset can be a taotl mses and you can sitll raed it wouthit a porbelm. Tihis is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe. Amzanig huh?

**Happy Birthday:** Ashley Alder, Sofia Annis, Natalie Babiuch, Jamie Bland, Nicole Blazekovik, Amber Breeden, Daniella Brown, Colin Burns, Sean Burns, Cheyenne Chadwick, Sierra Chadwick, Seth Day, David Dean, Kelsee Desmarais, Aaron Edenfield, Molly Ferguson, Justine Harper, Morgan Holdsworth, Jared Kelderman, Tyler Krizen, Mia Kurecki, Jessica Lavargna-Hunter, Jordan Leftwich, Jessy Lewellyn, Anna Losier, Maxim Lowe, Alethea Major, Chelsea Malloy, Jeremy Mann, Thomas Marchand, Karlee McNutt, Dylan Messenger, Molly Miller, Matthew O'Brien, Jared Padgett, Spencer Peters, Bailey Post, Erin Post, Gabby Robinson, Caleb Rowland, Caitlin Schlabach, Brieanah Schwartz, Mekiah Sheeler, Joshua Snyder, Mary Tauton, Tiffany Towell, Sable Walker, Sean Whitton, Karli Wilbanks, Lucas Wilson, and Lauren Wyka!

Happy Birthday to YOU!!!

